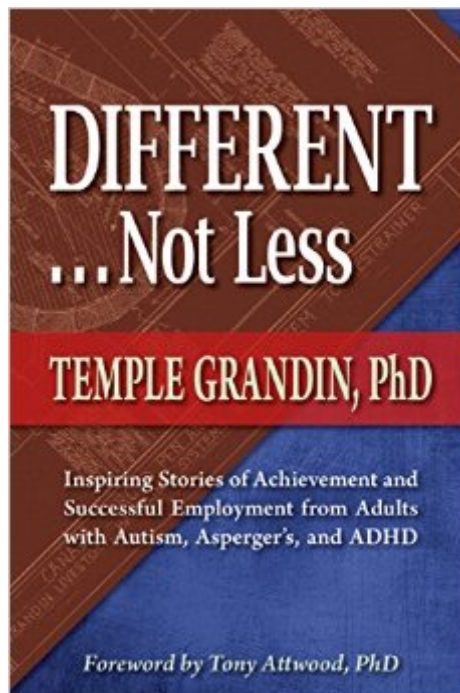


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# Different . . . Not Less: Inspiring Stories Of Achievement And Successful Employment From Adults With Autism, Asperger's, And ADHD



## Synopsis

This book is a compilation of success stories from adults with autism and Asperger's Syndrome. Each shares what helped them during their childhood and young lives that made them the independent adults they are today. One of the most important missions Temple Grandin has is making sure people with autism and Asperger's make something of their lives. As Temple says quite bluntly, being on Social Security is NOT a job choice. These unique individuals often have great potential in parts of their minds that neurotypicals never even start to tap. This needs to be shared with the world. However, in order to share their hidden genius, they have to overcome many social obstacles. The point of this groundbreaking work is - it is possible, and it is WORTH it. Let these crusaders, handpicked by Temple herself, show how it can be done. Let this work by Dr. Temple Grandin inspire you to your true potential. You will soon see why it means so much to her.

## Book Information

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## Customer Reviews

In her new book -Different....Not Less, Temple Grandin reinforces the popular notion -that if you meet a person with autism....you have met ONE person with autism. Indeed, each of the 14 contributors in this collection creates a collage of the childhood and adult experiences that have made them the individuals they are today. Grandin carefully chose a cross section of men and women with Aspergers syndrome from different fields (i.e. medical, art, technology and sales), various western cultures (i.e Australia and Scotland) and life situations (i.e. rural/urban, religious/non-religious upbringings) that show the similar social, communication and sensory

challenges that people with Aspergers face despite varied backgrounds. These stories also demonstrate the unique talents and coping strategies that have enabled these individuals to achieve varying levels of life satisfaction and success. I believe that within the context of these stories- "life satisfaction" and "success" may be considered almost synonymous. A common thread is that after a lifetime of being "different" and with varying degrees of family support- finding acceptance and meaningful activities (whether vocational or recreational) is critical to happiness and indeed, success. Unlike mainstream western values-success need not be equated with wealth, owning things, fame or having lots of friends. Most of the authors did not learn about their Aspergers diagnosis until later in life. For some it was a relief to find an explanation for why they felt different and for others it made them angry to receive a label. Most of them consider their lives a work in progress as they take the diagnosis and use it to forge societal and self-acceptance.

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